



Club Meeting

Bremerton
Meets at Olympic
College, Building 10
1600 Chester Ave.
Bremerton, WA 98337
Time: Monday at 11:45
AM

Speakers

March 03, 2025
[Mayor Greg Wheeler](#)
update on the City
March 17, 2025
[Sunny Saunders](#)
Blackberry Festival

Events

No Events found

Birthdays

Karen McKay Bevers
February 28th
Daniel Sullivan
March 1st
Amanda Rose Owen
March 5th
Katie Walters
March 21st
Chuck Capps
March 21st

Years of Service

Steven M. Rice
06-01-1990
35 Years
Karen McKay Bevers
06-01-2012
13 Years
Caroline Rivers
06-04-2015
10 Years
Daryl Wayne Matheny
06-22-2017
8 Years



From the meeting of 2/24/2025

BY STEVE LANDAU

REFLECTION



Denise Ledingham's Reflection focused on signs of spring in the air (it begins officially on March 20):

- Spring is a time of new life, hope and beginnings.
- Spring is a time to rejuvenate and foster new growth.
- Spring is a time to appreciate the beauty around us.
- Spring is a time to prepare our gardens and landscapes.

Robin Williams once said, "Spring is nature's way of saying let's party."

VISITORS & GUESTS

Iita Yli-Kuha, exchange student from Finland

Lauren Toth, outbound exchange student two years ago to Finland. She has just returned from Hungary.

Claudia Kibbe, BHS ASB president, captain of the Cheer Squad

Tamarria Bivens, ASB Student Faculty Rep

Quincy Robinson, ASB Class Council Liaison & Student Rep to School Board

President-Elect **Marin Solace** stepped in for **President Karen**. She urged us to buy tickets to the Wild Beginnings Dinner & Auction (March 29) sooner rather than later, so that the Conference Center can get an accurate head count. She said there are many exciting live auction items, such as a trip to Africa, a Farm Day Experience, a dinner catered by **Marty Cavalluzzi**, and several golf course experiences.

SERGEANT & HAPPY BUCKS



Dennis Treger once again served as a backup sergeant, and because he hadn't had much time to prepare, asked only for happy bucks.

Reama Schuldt enjoyed an event Sunday sponsored by the Downtown Bremerton Association at the Roxy Theatre. It was designed to connect nonprofits with people who want to serve their community. She gave a presentation on the

Charleston community and they signed up several volunteers, according to **Jim Cline**.

Doug Berger said **President Karen's** new design studio is just about ready to go.

They're awaiting final approval from L&I for the electrical system.

Gerry Egan just got back from 30 days in the Caribbean. Unfortunately, his wife, **Joan**, fell and had to spend 12 days in a walking cast. The trip coming home from Fort Lauderdale in a cast was difficult, but she is doing fine now.

Tom Long had a happy buck for the three ASB leaders present at the meeting to give an update on BHS activities along with **lita Yli-Kuha**, inbound exchange student from Finland, and **Lauren Toth**, outbound to Finland two years ago.



lita Yli-Kuha, our inbound exchange student from Finland, and Tulip Carter and Claire Warthen, both BHS graduates last year, and BHS sophomore **Alison Warthen**, visited Cannon Beach, OR. Claire and Alison are lita's host sisters.

Blackberry Festival manager **Sunny Saunders** was glad to announce that Kitsap Credit Union has returned as prime sponsor of the festival.

Karen McKay-Bevers spent a fun weekend with her son **Keith**. They went to the Admiral Theatre to see an 80's rock bands tribute and she was impressed that Keith, 14, knew all the words to the songs. On Sunday, they spent the entire day at a Tacoma Dome state wrestling tournament where Keith finished 7th.

Larry and Mary Eyer enjoyed spending the weekend with some friends from India. He said each time they get together he learns new things about what they're doing there. They are currently serving hundreds of kids from tribal communities.

ASB PRESENTATION



Timarria Bivens, Claudia Kibbe and Quincy Robinson

Three BHS student leaders were on hand to give an update about activities at the high school: **Claudia Kibbe**, the ASB President and RYLA student; **Timarria Bivens**, ASB Faculty Rep. and a RYLA student; and **Quincy Robinson**, the Class Council Liaison and Student Rep on the Bremerton School Board.

Since November, they have held a workshop with the Association of Washington School Leaders to discuss ways of making the school environment better. It was a trust-building exercise to teach students to be curious rather than judgmental.

They had a Winter Spirit Week and Winter Spirit Pep Assembly with holiday themes, including an ugly sweater contest. They recently introduced Fun Fridays, giving students things to do during the lunch hour, such as karaoke, trivia contests, and Pictionary competitions.

After winter break, they had a Dr. Martin Luther King Assembly at which students presented MLK's "I Have a Dream Speech" in various foreign languages. **Iita Yli-Kuha** gave part of the speech in Finnish.

Among upcoming events are ASB and Class Council elections as well as a Sophomore Spring Dance.

ANNOUNCEMENTS



President-Elect **Marin Solace** said she had recently attended the PETS Conference, now called PALS, which is designed to orient president-elects for their upcoming year of service as president. She thought every club had robust youth programs like we do, but she said many clubs do not have any of these activities. She also discovered many clubs were a lot smaller than ours (we have 60+ members), some as small as seven persons.

Karen McKay-Bevers explained that we now have a \$3,000 line item budgeted to

help Mountain View Middle School, which has not been served by any of our other youth programs for elementary and the high school. She said the money will be split between having an AVID class elective and an orientation program for incoming 6th graders.

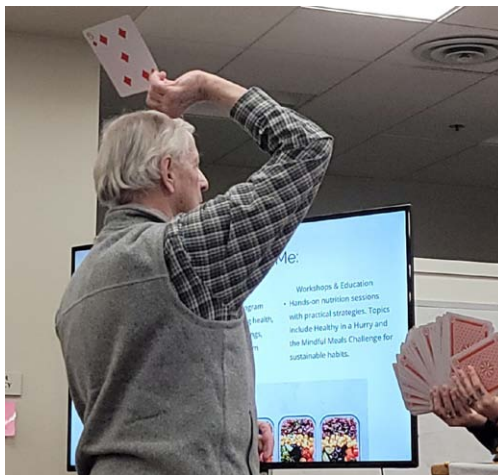
PROGRAM



Jessica Roulst, a nutritional therapy practitioner, discussed the nutritional training she offers through her organization, Nourished Fern Wellness. She offers a five-week small group experience. Jessica urges people to get away from processed foods and move to nutrient dense foods. She urges eliminating sugar and focusing on protein and healthy fats; healthy fats don't make a person fat, sugar and carbohydrates do. She also urges people to drink a lot of

water, half your body weight in ounces (180 pounds = 90 ounces per day). She can be contacted at jessica@nourishedfernwellness.com.

RAFFLE



Tom Long had the raffle ticket, but did not draw the winning card.

UPCOMING MEETINGS

March 3: **Mayor Greg Wheeler**, city update

March 17: Blackberry Festival, **Sunny Saunders**

Photos and proofreading by Tom Long